

EDUCATION CATERING

ALLERGEN INFORMATION MATRIX – FFRES (6TH FORMS ONLY)



Menu Item	None	Celery	Cereals (containing gluten) B = BARLEY O = OATS W = WHEAT R = RYE	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CAKES AND BISCUITS															
Carrot Cake			W		✓						WALNUTS				
Victoria Sponge			W		✓			✓							
Banana Cake			W		✓			✓						✓	
Chocolate Cake			W		✓			✓						✓	
Croissants			W		✓			✓							
Pan Au Chocolate			W		✓			✓							
Chocolate Twist			W		✓			✓						✓	
Belgian Waffles			W		✓			✓						✓	
Chocolate Chip Cookies			W		✓			✓						✓	
White Choc Chip Cookies			W		✓			✓						✓	
Millionaire Shortbread			W		✓			✓							
Chocolate Chip Shortbread			W		✓			✓						✓	
Chocolate Brownies			W		✓			✓							
SAVOURY															
Pepperoni Pizza (Chicago Town)			WB					✓							
Cheese Pizza (Chicago Town)			WB					✓							
Ciabatta Bread			WBR												
White Bloomer Bread			WB											✓	
Malted Bloomer Bread			WB											✓	
10" White Baguette			WB												
10" Malted Baguette			WB												
Floured Baps			W												

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Bagel			BROW												
Bacon	✓														
Sausages			BROW											✓	✓
Cheddar Cheese								✓							
Ham	✓														
Cajun Chicken		✓													
Tuna Mayonnaise					✓	✓				✓					
Pesto								✓							
Chicken Caesar Salad		✓	W		✓	✓		✓							
Tuna Pasta Salad			W		✓	✓		✓							
Cheese Pasta Salad			W					✓							
Margarine								✓							
Mozzarella								✓							
Milk								✓							
Argies Coffee Beans								(S)							
Hot Chocolate Tin								✓							
Premium Dark Hot Chocolate								✓							
Premium White Hot Chocolate								✓							
Tea Bags	✓														
Squirty Cream								✓							
Marshmallow	✓														
Chocolate Powder								✓							
Chocolate Sprinkles			(BROW)					(S)							
Skimmed Milk Regilat								✓							
Cookies & Cream Frappe			W					✓							

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Hazelnut Syrup											HAZELNUTS				
Caramel Syrup	✓														
Gingerbread Syrup	✓														
Vanilla Syrup	✓														
Mint Syrup	✓														
Cinnamon Syrup			(W)												
Toffee Apple Syrup			(W)												
Salted Caramel Syrup	✓														
Iced Tea	✓														
Vanilla Frappe	✓														
Chocolate Frappe			(W)					✓						✓	
Sticky Toffee Frappe								✓							
Smoothie – Mango & Passion	✓														
Smoothie – Mango	✓														
Smoothie - Strawberry	✓														
Smoothie –Strawberry & Banana	✓														
Smoothie – Raspberry Blackcurrant	✓														
Herbal Teas	✓														
Dark Chocolate Sauce	✓														
White Chocolate Sauce								✓							

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NOTES

- Components of a meal are listed separately if dishes can be constructed with different variations
- Where a menu item has an allergen highlighted with a (✓) Education Catering have identified a risk of cross contamination that cannot be eliminated.
- Food items that are purchased by Education Catering pre-packed for resale are not listed on this matrix. Allergen information for those products can be found on the packaging.
- All information is correct at the time of printing.
- Education Catering establishments operate in a multi-disciplined environment and cannot guarantee the elimination of the risk of cross contamination of allergens.
- We offer a number of products on a promotional and rolling basis. If it is not listed above please ask for details.